

March 2, 2026

Notes by Karin Radtke about proposed curriculum materials by charter school for Transformative Social and Emotional Learning (TSEL)

When parents look online, these are examples of what they will see, regardless of which of the “dual” versions is used in a school.

Quotes from Friendlyzy website <https://friendlyzy.co>

“The Friendlyzy program promotes character development for pre-K to high school. It provides lessons based on a faith-based formation framework, along with classroom materials, teacher support, and more.”

“Rooted in Scripture, our program provides lessons for pre-K to high school. Resources include activities, games and story-driven learning tools, all based in faith and backed by research.”

“The opening lesson will introduce the feeling of stress through a short clip from a familiar movie. Students will be introduced to the Catchphrase (Stress Less–Breathe Easy), a breathing strategy, and the Key Verse from Philippians 4:6. Then they will work together to identify the stressors of familiar characters (biblical or fictional) and how they have dealt with that stress.”

“Students will participate in a short obstacle course demonstration while wearing backpacks of different weights. These will represent the “loads” we carry as we navigate life and stressful situations. This object lesson communicates that we need to cast our burdens on God, rather than try to carry them on our own. When we do, we are able to live more freely and do what He has called us to do without being weighed down by stress, worry, or fear.”

“Students unpack an additional Bible verse, Galatians 6:2, as they consider how to support others in their lives with the knowledge they’ve gained to stress less and breathe easy. A lot of people never learned the basics of how to deal with stress. This includes adults! This lesson allows students to see that if someone seems irritable or tense, it could be stress-related. Students will learn to put Paul’s instructions to carry each other’s burdens into practice by teaching them how to stress less.”

Early Ed: Harvest Our Emotions Basket

Start the day by focusing on one commandment and inviting students to reflect on how it relates to their relationships with God and others.

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- posts about team presentation at NCEA National Catholic Educators Association, “School Building Leader Summit”
- Prepare students for Lent